

Rachael Britton Hart

Education: BFA Temple University: Dance Performance and Choreography

Certifications: Steele Pilates Mat and Reformer
NASM CPT

Pilates, Group & Private Fitness Instruction (12 years)

Steele Pilates Instruction

- Open-level Steele Pilates ReForMat and Reformer classes for all movement populations at Steele Pilates Studio Dumbo
- Steele Pilates mat classes for dancers at Steps on Broadway, NYC
- Demonstrator for Steele Pilates online mat certification led by Teri Steele

Life Time, NYC

- Mat Pilates and Barre format instruction for members at all NYC locations

Chelsea Piers, NYC

- Traditional Mat Pilates instruction

The Wright Fit, NYC

- Private and group Pilates sessions offered in luxury NYC residences

Private Clientele, NYC

- Providing nonagenarians with in-home and virtual specialized balance and coordination exercise programs to improve mobility and quality of life.
- Creating bridge between injury rehab and performance through Pilates for professional dancers and athletes

The United Nations, NYC

- Ballet and Pilates instructor for UN employees

Broadway On Tour Masterclasses

Some Like it Hot (First National Tour):

- Led *Some Like It Hot* audition masterclass for Baldwin Wallace University Musical Theatre majors as assistant dance captain of the touring company.

Pippin (National tour): Broadway Connection Masterclasses

- Created and taught *Pippin* repertoire masterclasses for theatre programs across the US.

Children's Program Creator and Teaching Artist

Kun-Yang Lin/Dancers: Philadelphia, PA

- Created and implemented a mindfulness-based dance education and outreach program, integrating the company's mission, values and artistic qualities with early childhood dance pedagogy.
- Led a successful online fundraising campaign for the company's international performances

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